



JANUARY 2015

Activities Calendar at The Grand Residence at Upper St Clair

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<p>SPIRITUAL ACTIVITY</p> <p>COMMUNITY ACTIVITY</p> <p>HOLIDAY/SPECIAL EVENT</p> <p>RESIDENTIAL ACTIVITY</p> <p>PHYSICAL ACTIVITY</p>				<p>1</p> <p>10:00 Catholic Communion 10:30 Exercise 2:00 Sing Along 3:00 Outburst 4:00 Finish a Word</p> <p style="text-align: center;">New Years Day</p>	<p>2</p> <p>10:00 Exercise with Mary Ann 11:00 Bean Bag Toss 1:30 Baking: Fruit Dump Cake 2:30 Family Feud 3:30 Apples to Apples 4:00 Table ball 6:00 Connect a Word</p> <p style="text-align: center;">Fruit Cake Toss Day</p>	<p>3</p> <p>10:00 Exercise with Mary Ann 10:30 Bingo 1:00 Craft: Milk Carton Snowman 2:00 Reminiscing Game 3:00 Minute to Win 4:00 Taboo 6:00 Weekend Movie</p>
<p>4</p> <p>10:30 Church Trip 10-2 Brunch Buffet 11:30 Deb on the Piano 1:00 Charades 2:00 Snowflake Tea Party 3:00 Word Starter</p>	<p>5</p> <p>10:00 Exercise with Mary Ann 11:00 Crosswords 1:00 Floor Soccer 2:00 Painting: Winter Bird Art 3:00 Spelling Bee 4:00 Add a Word 6:00 Bingo</p>	<p>6</p> <p>10:15 Hymns 10:30 Bible Reflections 11:30 Lunch at Bob Evans 2:30 Craft: Winter Bird Feeder 3:30 Name that Tune 4:00 Floor Basketball 6:00 Boggle</p> <p style="text-align: center;">National Bird Day</p>	<p>7</p> <p>10:00 Exercise with Mary Ann 10:30 What's in the Sock ? 1:00 Scenic Drive 2:30 Birthday Social 3:00 Council Meeting 4:00 Trivia: Movies 6:00 Bingo</p>	<p>8</p> <p>10:00 Catholic Communion 10:30 Exercise with Michele 12:00 Shopping at Kmart 2:00 Sing Along 3:00 Baking With Chef Jim 4:00 Word Ladders 6:00 Finishing a Word</p>	<p>9</p> <p>10:00 Exercise with Mary Ann 11:00 Bible Reflections with Kris 1:30 Baking: Pizza Bread 2:30 Family Feud 3:30 Word Search 4:00 Table Ball 6:00 Connect a Word</p>	<p>10</p> <p>10:00 Exercise with Mary Ann 10:30 Bingo 1:00 Craft: Mittens 2:00 Reminiscing Game 3:00 Three of a Kind 4:00 Taboo 6:00 Weekend Movie</p>	
<p>11</p> <p>10:30 Church Trip 10-2 Brunch Buffet 11:30 John Paul on the Piano 1:00 Charades 2:00 Movie & Popcorn 3:00 Scattergories</p>	<p>12</p> <p>10:00 Exercise with Mary Ann 11:00 Crosswords 1:00 Floor Soccer 2:00 Painting: Polar Bear 3:00 Geography Bee 4:00 Add a Word 6:00 Travel to the Rainforest</p>	<p>13</p> <p>10:15 Hymns 10:30 Bible Reflections 11:30 Lunch at T.G.I Friday's 2:30 Craft: Paper Tube Polar Bear 3:30 Adver-teasing 4:00 Floor Basketball 6:00 Boggle</p>	<p>14</p> <p>10:00 Exercise with Mary Ann 10:30 What's the Number? 1:00 Scenic Drive 2:30 Cranberry Fizzies Social 3:00 Finish the Phrase 4:00 Trivia: Sports 6:00 Bingo</p>	<p>15</p> <p>10:00 Catholic Communion 10:30 Exercise with Michele 2:00 Sing Along 3:00 Outburst 4:00 Finishing a Word 6:00 Family Night with Norm and Dick, The Banjo All Stars</p>	<p>6</p> <p>10:00 Exercise with Mary Ann 11:00 Bean Bag Toss 1:30 Baking: Polar Bear Pretzels 2:30 Family Feud 3:30 Apples to Apples 4:00 Table Ball 6:00 Connect a Word</p> <p style="text-align: center;">Bean Day</p>	<p>17</p> <p>10:00 Exercise with Mary Ann 10:30 Bingo 1:00 Craft: Egg Carton Penguin 2:00 Reminiscing Game 3:00 Minute to Win 4:00 Taboo 6:00 Weekend Movie</p>	
<p>18</p> <p>10:30 Church Trip 10-2 Brunch Buffet 11:30 Deb on the Piano 1:00 Charades 2:00 Chase the Winter Blues Away Tea Party 3:00 Word Starter</p>	<p>19</p> <p>10:00 Exercise with Mary Ann 11:00 Crosswords 1:00 Protestant Communion 2:00 Painting: Puzzle Mural 3:00 Jeff the Enthusiologist 4:00 Add a Word 6:00 Bingo</p> <p style="text-align: center;">Martin Luther King Day</p>	<p>20</p> <p>10:15 Hymns 10:30 Bible Reflections 11:30 Lunch at Pasta Too 2:30 Craft: Silver or Gold Trees 3:30 Name that Tune 4:00 Floor Basketball 6:00 Boggle</p>	<p>21</p> <p>10:00 Exercise with Mary Ann 10:30 What's in the Sock? 1:00 Scenic Drive 2:30 Dancing with the Staff 3:30 Finish the Phrase 4:00 Trivia: Animals 6:00 Bingo</p> <p style="text-align: center;">National Polka Month</p>	<p>22</p> <p>10:00 Catholic Communion 10:30 Exercise with Michele 12:00 Shopping at Walmart 2:00 Sing Along 3:00 Outburst 4:00 Word Ladders 6:00 Finishing a Word</p>	<p>23</p> <p>10:00 Exercise with Mary Ann 11:00 Bean Bag Toss 1:30 Baking: Apple Pie 2:30 Family Feud 3:30 Word Search 4:00 Table Ball 6:00 Connect a Word</p> <p style="text-align: center;">National Pie Day</p>	<p>24</p> <p>10:00 Exercise with Mary Ann 10:30 Bingo 1:00 Craft: Coffee Filter Eskimo 2:00 Reminiscing Game 3:00 Three of a Kind 4:00 Taboo 6:00 Weekend Movie</p>	
<p>25</p> <p>10:30 Church Trip 10-2 Brunch Buffet 11:30 Roy on the Piano 1:00 Charades 2:00 Movie & Popcorn 3:00 Scattergories</p>	<p>26</p> <p>10:00 Exercise with Mary Ann 11:00 Crosswords 1:00 Floor Soccer 2:00 Painting: Still Life 3:00 Spelling Bee 4:00 Add a Word 6:00 Winter Jinko</p>	<p>27</p> <p>10:15 Hymns 10:30 Bible Reflections 11:00 Trip to Meadows Casino 2:30 Craft: Yarn Hearts 3:30 Adver-teasing 4:00 Floor Basketball 6:00 Boggle</p>	<p>28</p> <p>10:00 Exercise with Mary Ann 10:30 What's the Number? 1:00 Scenic Drive 2:30 Kazoo Social 3:30 Finish the Phrase 4:00 Trivia: The Outdoors 6:00 Bingo</p> <p style="text-align: center;">National Kazoo Day</p>	<p>29</p> <p>10:00 Catholic Communion 10:30 Exercise with Michele 12:00 Shopping at CVS 2:00 Sing Along 3:00 Ceramics: Elephant 4:00 Word Ladders 6:00 Finishing a Word</p>	<p>30</p> <p>10:00 Exercise with Mary Ann 11:00 Bean Bag Toss 1:30 Baking: Jello Jigglers 2:30 Family Feud 3:30 Apples to Apples 4:00 Table Ball 6:00 Reminiscing Game</p>	<p>31</p> <p>10:00 Exercise with Mary Ann 10:30 Bingo 1:00 Craft: Tulle Wreath 2:00 Reminiscing Game 3:00 Minute to Win 4:00 Taboo 6:00 Weekend Movie</p>	